

Financial Wellness in First Nations

What We Achieved Together in 2023-2025

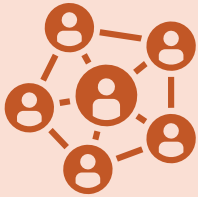


The Building Financial Wellness in First Nations project delivers culturally grounded, community-based financial wellness services across First Nation communities in Manitoba and Ontario, guided by Indigenous principles and values. Free services are offered within communities to remove barriers to accessing supports.

The project relies on partnerships between First Nations communities and non-Indigenous community-based organizations, including: Community Financial Counselling Services, SEED Winnipeg, Sudbury Community Service Centre, AFOA Canada, and Prosper Canada.

Thank you to the community changemakers whose leadership has been foundational to meeting community needs, and to the First Nations community members who welcomed these services, trusted the people delivering them, and spread the word so others can be supported.

Overall Reach



62 First Nation communities received services

"You explained everything very clearly and made me feel better."
~Participant

Access to Identification



2,121 individuals were supported to access identification

"Today's services made it very easy to get my ID back. Thank you."
~Participant

Tax Filing



4,570 individuals supported through tax filing

\$27,154,524 in estimated new income secured for Indigenous individuals

"Got caught up on taxes and got my money back. Very happy." ~Participant

Financial Literacy, Coaching, and Counselling



3,452 individuals received one-on-one financial help or participated in workshops

"Nobody ever explained my taxes to me or how I could apply for the Disability Tax Credit. You helped me understand everything." ~Participant

Overall Impact of Service

The top six themes from participant feedback:

- 1 Positive and trustworthy service
- 2 Improved financial understanding and problem-solving
- 3 Meaningful and helpful support
- 4 Taxes filed and brought up to date
- 5 Gratitude for service
- 6 Timely access to service

