

Our Relationship and Our History with Money

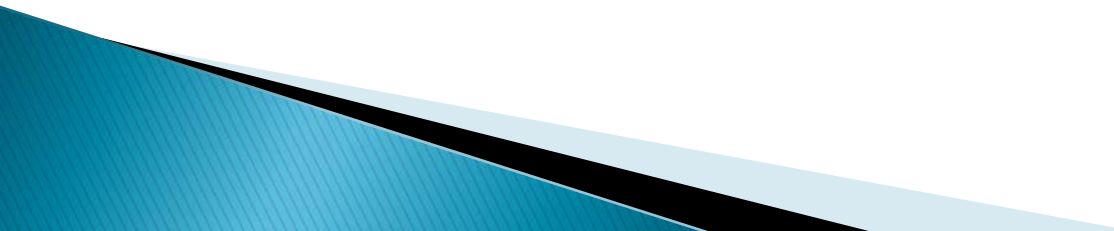
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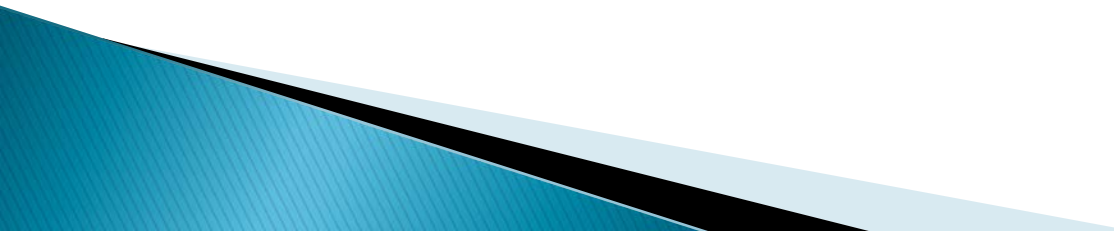
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- ▶ What are some of the factors that influence the way we personally feel about money?

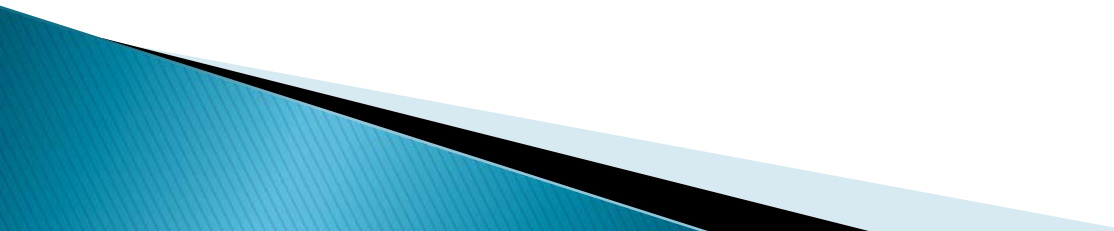
Pretend that money is a person:

- How would describe your relationship?
 - How did this relationship start?
 - What is your first memory of money?
 - When you think back to your childhood, up until junior high, what are some of your memories of money? Good or Bad?
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In the household you grew up in:

- Financial decisions in my family were made by...
 - In my family money was...
 - In our household money created a feeling of...
 - Did your family have more or less money than your friend's families? How did you feel about that?
 - Did you get an allowance? And if so did you have to earn it or was it just there? Were you able to save it or did you spend it all in one day?
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In your current household:

- ▶ How does this compare to your past?
 - ▶ Do you have any positive associations with money?
 - ▶ Did you feel uncomfortable telling us about your income when you signed up for the program?
 - ▶ Think of some of the key events that have defined your attitude towards money.
 - ▶ Why do you spend the way that you do?
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<http://www.candora.ca>